

## **South East Area Health and Wellbeing Activity Update September 2013**

- 1. Alcohol and related community safety harm reduction programme:** the licensing guidance framework developed for inner south has been endorsed as an example of best practice by the drugs and alcohol management board and led to interest to develop similar guidance by services and agencies in West and North Leeds. We have begun holding meetings with applicants to place restriction measures on any new and revised licensing applications for LS10/11. The intention is to review impact of the guidance one year on from implementation. A further change in relation to licensing is the opportunity now for any person to put in a representation to applications whereas previously you had to be living within the vicinity of proposed off license.

Work is now underway to develop joint arrangements between health treatment providers and police to support individuals known to both agencies. Initially the task is to establish a baseline of information following a data sharing agreement.

- 2. The Niche Tobacco project** (chewing and shisha water pipes) led by the SE health and wellbeing team has been running now since December 2012 in Beeston, Harehills and Hyde Park. It has had a great deal of interest from both Council and NHS staff leading to changes being made to forms used to improve recording of wider use of tobacco products. Briefing sessions are also being run for voluntary sector staff and communities, both of which continue to be well attended with demand for cessation support gradually increasing. There is now a dedicated worker within Leeds Smoking Cessation Service. Groups have been set up in community venues where a need has been identified

A multi-agency working group has been set up to look at retailer education and enforcement. Trading Standards are looking to carry out retailer awareness visits during the autumn months with a view to follow up visits in a further 6 months to check messages have been taken on board. At this stage of the project it is clear that awareness of the dangers of using these products is extremely low with both community members and professionals and that any information or resource to increase understanding is greatly received by both. Secondly we have a lack of intelligence in relation to locations in South East Leeds where shisha is being used and would welcome any knowledge from local agencies and their staff on places to target.

**Concerns on usage of e-cigarettes** in the workplace (which are meant as a quit smoking device with reduced levels of nicotine) have been expressed by staff in schools and local centres. Also similarly sales of shisha pens are on the increase with little known by users of the dangers of these smokeless tobacco products.

- 3. Leeds Let's Get Active** - is a Leeds Council Leisure Services programme of free activities. Free gym and swim sessions are available across all leisure centres in Leeds. (see attached leaflet and information on venues and sessions).

4. **The Multi Agency Referral Scheme (MARS)** with support from the LCC corporate centre is to be trialling an electronic version. The trial will be undertaken in Middleton and Bramley from November 2013 for 6 months with plans to roll out further next year in target areas with high premature mortality rates.
5. **Mental Health and Wellbeing Multi Agency Activity:** following on from the area partnership having looked at the issue of mental health a workshop was held in South Leeds and subsequently key actions to progress work locally were agreed. A steering group with members from the area partnership has been established with an overarching aim to better inform and influence commissioned activity. The key strands of work in the action plan being progressed include having an understanding of current service provision, gaps and capacity issues; building workforce and community capacity to equip frontline workers and communities to have confidence to access services and make referrals; to develop joint partnership arrangements to support agencies with limited capacity to target the most vulnerable.
6. **Welfare Reforms and Financial Inclusion Activity:** the SE welfare reforms working group which includes involvement of our locality health and wellbeing team have developed a number activities to support this agenda. Activities include staff briefing sessions that have started to take place in relation to the Leeds Financial Fitness Project that was commissioned with funding from public health as a contribution to work. The first session was held at Beeston Community Village Centre in July 2013. Two further staff briefing sessions will be taking place in inner South Leeds in the coming month and details are available from the area support team, who are leading this work. Community courses aimed at local residents will be starting in September 2013.

The working group has also been looking at increasing IT access points and have commissioned Aire Valley Homes to establish further computer points in preparation for changes to benefits and making claims on line. The working group is now in the process of establishing a SE debt forum.

7. **Health is Everyone's Business (HIEB)** is a workforce health capacity building programme aimed at frontline workers that are being rolled out by our locality health and wellbeing team. Children Centre staff from across inner south have taken the lead in attending the briefings. Further sessions on a range of health and wellbeing topics have also been run including alcohol awareness, promoting Leeds Lets Change, Healthy Early Start, and the wellbeing portal. If you would like your frontline workers to attend a HIEB briefing they can go through the Councils on line training system or contact our locality team who are based at Dewsbury Rd One Stop Centre.
8. **Community Capacity Building:** Development of a volunteer community health champion programme is underway in Morley, with the aim of increasing local resident's knowledge of health and wellbeing. The programme aims to promote key health messages, address wider determinants of health and support the self-

care agenda. Meetings have taken place with organisations and groups that are based in the area to raise awareness of the programme of work. These meetings are to be followed up in early October with the aim of promoting the programme further with community members attending the groups. Three initial sessions have been booked on 21<sup>st</sup>, 22<sup>nd</sup> and 23<sup>rd</sup> October at Drighlington Meeting Hall, Gildersome Baptist Church and St Peter's Church Hall and these are then to be followed by a further four sessions aimed at exploring the issues that local community members raise for their area.

9. **Leeds South & East Clinical Commissioning Group and Leeds West Clinical Commissioning Group** (covering the Morley area), are key partners in addressing health inequalities and improving health in Leeds South and East. Current priorities include working with local GP practices to manage long-term conditions and support healthy lifestyles, as well as signposting and supporting community health and wellbeing initiatives. The CCGs are also developing its strategy and commissioning plans with a key focus on improving health, including local priorities on alcohol, respiratory disease and improving rates of cancer screening in local communities.